

Offensive Game Rules

PASSING GAME

- The Offense has to throw the ball within:
1st - 2nd Grade – 6 seconds 3rd - 6th Grade – 4 seconds 7th - 8th Grade – 3 seconds
- The sack count starts on the snap of the ball regardless of the offensive play attempted.
- Forward pass can be underhand or overhand as long as it is beyond the LOS.
- If the QB does not release the ball before time expires, the result of the play is a sack and the ball stays at the LOS.
- There are NO passes behind the LOS. This is a 5 yard penalty and loss of down.
- K-4th Grade, the QB can HAND or PITCH the ball off to another player and they can throw the ball within the allotted time. If/When the QB hands or pitches or throws a backward pass to another player, this alerts the defense that they CAN cross the LOS to pull the flag of the player with the ball.
- All grade levels have the option to throw a backward pass for a double pass play. This alerts the defense that they CAN cross the LOS to pull the flag of the player with the ball. *(5th-8th grade can never take a hand off nor run the ball across the line of scrimmage on a backwards pass.)*
- Defense must start 2 yds off the LOS unless the ball is at the +1 then the defense can start at the goal line.

RUNNING GAME

- A play will be considered a run play, when the ball carrier crosses the line of scrimmage, or if a player takes a hand-off from the quarterback, and does not cross the line of scrimmage in the allotted time. A play in which a player takes a hand-off from the quarterback, and then throws a forward pass will be considered a pass play, and not count as a team's run play.
- NO direct QB runs

SPECIFIC SITUATIONS

- Runner's knee touches the ground the play is dead
- Runner steps out of bounds
- Runner loses his flag then the opposing team must touch him down.
- Runner dives, jumps or leaps; ball is spotted where the runner left his feet.
- The ball carrier can spin to avoid their flag being pulled but cannot flag guard.
- No fumbles (a fumbled, or stripped ball is dead and placed at the spot of the fumble with the offensive team retaining possession)